

SHAWNEE LAKE SHORE TRAIL

3 MILE WALK/BIKE or RUN

SEPTEMBER 14, 2008 @ 2:00

Don't feel like walking??? How about running or biking... You can even bring your dog...and get a very cool T-Shirt which will show your support for preserving Pennsylvania's pristine mountains.

START TIME

Registration will take place from 1-2:00. We will be selling baked goods, listening to music and face painting for kids. The walk will begin at 2:00.

COURSE

Start and finish at pavilion #7 at Shawnee State Park. This is a relatively flat, beautiful 3.2 mile trail around Shawnee Lake. There will be a water station halfway.

REGISTRATION INFORMATION

The Entry fee is \$15.00 and is due by August 31st to guarantee your T-Shirt on the day of the event.

NAME- _____

ADDRESS- _____

PHONE- _____

EMAIL- _____

T-SHIRT SIZE- (ADULT)

___ S ___ M ___ L

(YOUTH)

___ S ___ M ___ L

WAIVER: I assume entry into this race at my own risk. In submitting this entry form, I hereby waive, release and discharge Sensible Wind Solutions, Shawnee State Park, all event sponsors, volunteers and Directors for any and injuries suffered by me as a result of participating in the Shawnee State Park Walk/Bike or Run of September 14, 2008. I attest that I am physically fit to participate in the event. I have read the above conditions and accept them as shown by my signature.

Signature _____

Date- _____

Signature of parent/guardian if participant is under 18

Signature- _____

Date- _____

FOR FURTHER INFORMATION, CONTACT KIM MOORE AT 814-418-3964.

Entry fee and forms can be sent to

Kim Moore
117 Ashtola Drive
Windber, PA 15963

Make checks payable to : Wind Siting Reform Fund